On the Baylor Horizon....a publication of the Division of Student Life

Baylor Model Organization of American States (MOAS) Meetings

Mondays and Wednesdays, 5:30-7 p.m. and 7:30 p.m. in Tidwell, Room 205. Baylor MOAS is looking for students who would like to be part of this semester's team. Students will represent either Colombia or Ecuador as delegates for the model in November at Baylor, alongside teams from the region and Mexico. Improve your public speaking, research and writing skills, and your ability to network. Students who participate in the fall model will also be considered for a place on the Baylor team that competes in the spring in Washington D.C. For additional information, contact Joan_Supplee@baylor.edu.

Vietnamese Student Association Interest Meeting

Tuesday, September 2, 7 p.m. in the Claypool Room of the SUB. For additional information, contact Ashley_Nguyen2@baylor.edu.

The Fencing Club Interest Meetings

Tuesday, September 2, and Thursday, September 4, 7 p.m. in Russell Gym. No experience or equipment required. For additional information, contact Jacque_Clark@baylor.edu.

Phi Beta Lambda Interest Meeting

Wednesday, September 3, 5:30 p.m. in Cashion, 5th floor. Come and learn more on what this organization can do for you. All majors welcomed. For additional information, contact Narishah_Ghulamani@baylor.edu.

Model United Nations Informational Meeting

Wednesday, September 3, 6-7 p.m. in Draper, Room 337. Come and learn how to gain experience in diplomacy through representing different countries at Model UN conferences around the nation. Meeting is open to all students, majors, and classifications. For additional information, contact Rebecca_Flavin@baylor.edu.

Baylor Medical Service Organization Interest Meetings

Wednesday, September 3, 6:15 p.m. or Tuesday, September 9, 6 p.m. in the Baylor Sciences Building, Room B110. The Medical Service Organization is an organization dedicated to serving the Baylor and Waco communities while also supporting pre-health students in their future professional goals. For additional information, visit www.BaylorMSO.com or contact BaylorMSOPublicity@gmail.com.

Baylor Religious Hour Choir and Band Auditions

Wednesday, September 3, and Thursday, September 4. The choir is holding auditions for all voice parts, piano, bass, electric, and acoustic guitar. They are looking for someone with praise band leadership experience to be the band coordinator. For additional information or if you're interested, contact Emily_Bertram@baylor.edu.

Miss Green and Gold Pageant Interest Meeting

Thursday, September 4, 6 p.m. in Morrison, Room 100. The mission of the annual Miss Green and Gold Pageant is to recognize the talents of the young women of Baylor through scholarship, leadership, and philanthropy with the belief that all women possess unique qualities and capacities. Miss Green and Gold is a five-round competition. Rounds include a preliminary interview, introduction, talent, formal, and question. This event is hosted by the Green and Gold Pageant Committee. For additional information, contact Aziza_Lewally@baylor.edu.

Indian Subcontinent Student Association Fall Mixer

Thursday, September 4, 6:30 p.m. in the Barfield Drawing Room of the SUB. For additional information, contact Uzair_Shahnawaz@baylor.edu.

Baylor Alert Test

Friday, September 5, 12:15 p.m. Please be aware that this test is to confirm all systems (text, email, voice messages, indoor systems, and outdoor systems) are operational. We encourage students to sign up on Bearweb and update their information. For additional information, contact Leigh_Ann_Moffett@baylor.edu.

Sigma Iota Alpha First Fall Informational

Friday, September 5, 5:30 p.m. in the White Room of the SUB. Sigma Iota Alpha is a Latina-based, but not Latina exclusive, sorority devoted to spreading awareness of the Latino and diverse cultures, promoting sisterhood and leadership, and empowering women. For additional information, contact Baylor_SIA@yahoo.com.

Fifth Quarter - Blacklight Roller Skating in the SUB

Saturday, 6, 9:30 a.m.-12 midnight at the Barfield Drawing Room of the SUB. Following the Baylor vs. Northwestern State game, join us for another awesome 5th quarter. Glow necklaces, bracelets, and glow sticks will be provided to all. For additional information, contact Jordy_Dickey@baylor.edu.

Baylor Medical Service Organization Offering CPR and First Aid Classes

Want or need to be CPR and First Aid Certified? Classes are open to all Baylor students. Prices are \$25 for each or \$40 for both. For additional information or to sign up, contact BaylorCPR@gmail.com.

My HEALTH

My HEALTH is your online portal for access to the Health Center. Go to www.baylor.edu/health_center and click on MY HEALTH in the upper right corner. Log in using your Bear ID (firstname_lastname) to make appointments, receive secure messages, print immunization records, and sign up to receive a reminder text message one hour before your next appointment. Give it a try today!

Monday Healthy Tip from Monday Campaigns

Fight stress with exercise. The rush of anxiety and pent-up energy that can result from stress is part of your body's natural defense mechanisms. While the desire to fight or flee

is helpful in emergencies, too much of this tension can negatively impact your health. Instead of bottling it up, get it out with exercise. Releasing excess energy with physical activity is a healthy way to alleviate built-up muscle tension and other symptoms. This week, after a long day, get active and aim for moderate intensity exercise. It may seem counter intuitive, but moving more will help you relax.

Hot Opportunities

Student Foundation Applications

For additional information or for an application, visit www.baylor.edu/StudentFoundation. There will be an interest meeting on *Wednesday, September 3*, 7 p.m. at the Ed Crenshaw Student Foundation Building. Come learn about the purpose and mission of Student Foundation. There will be door prizes. Applications are due on *Friday, September 5*, at 5 p.m.

Freshman Class Council Applications

Applications are available online at

www.baylor.edu/studentactivities/organizations/index.php?id=76215. Want a great way to get involved and have fun? Apply for Freshman Class Council. Applications are due *Friday, September 12.* For additional information, visit www.baylor.edu/studentactivities/organizations/index.php?id=76215 or contact Ashley_Steenberger@baylor.edu.

Student Life Sound System

Do you have experience mixing live sound for bands and other events? Do you want to learn more about technical event management and gain experience in business administration? If this interests you, contact Jordy_Dickey@baylor.edu for additional information on how to become involved with the Student Life Sound System.

SUPPORT BAYLOR ATHLETICS

Volleyball vs. Rice Tuesday, September 2, 6 p.m., Ferrell Center

Women's Soccer vs. Incarnate World Friday, September 5, 7 p.m., Betty Lou Mays Soccer Field

Football vs. Northwestern State Saturday, September 6, 6:30 p.m., McLane Stadium

Log onto www.BaylorBears.com for all the latest information about Baylor Athletics.

For additional information on gameday for students, including Baylor student tickets, visit www.baylor.edu/students/gameday/index.php?id=867021.

Sic 'em Bears!

If you have items you would like to see appear in *On the Baylor Horizon*, submit them for consideration by *Wednesday at 8 a.m.* to StudentLife@baylor.edu. You can find the most up-to-date calendar information at http://www.baylor.edu/calendar/.

View past issues of *On the Baylor Horizon* at http://www.baylor.edu/student_life/index.php?id=34626.