Alpha Phi Omega Blood Drive
Tuesday, April 22, to Friday, April 25; and Tuesday, April 29, 10 a.m.-6 p.m. at Fountain Mall and the Bobo Spiritual Life Center. Come support the gallon challenge and save three lives with every donation. Be sure to bring your ID. For additional information, contact Mitchell_Todd@baylor.edu.

The Wells Project Meeting
Thursday, April 24, 8 p.m. in the White Room of the SUB. Come and see how you can be involved in bringing clean water to a thirsty world. The Wells Project is a student run organization that raises funds and awareness for the water crisis. Refreshments will be served. For additional information, contact Molly_Moorhead@baylor.edu.

Baylor School of Social Work and Hogg Foundation for Mental Health Hosting Webinar: Increasing Cultural Competence in Mental Health Practice
Friday, April 25, 12 noon-1 p.m. This webinar will be in Spanish. For additional information or to participate, contact Ana_Noguera@baylor.edu.

Pre-Health Picnic
Saturday, April 26, 1-3 p.m. at Minglewood Bowl. This event is hosted by American Medical Student Association, Medical Service Organization, Students Interested in Global Health, Baylor Undergraduate Research in Science and Technology, the Multicultural Association of Pre-Health Students, and Alpha Epsilon Delta. There will be a bounce house obstacle course, pizza, cotton candy, water balloons, tie-dye, a water slide, and more. T-shirts will be on sale for $10. All proceeds will go to Relay for Life. For additional information, contact Rachael_Helpenstell@baylor.edu.

Outdoor Adventure Programs Whitewater Kayaking Trip
Saturday, April 26, at San Marcos River. The cost is $50. You may sign up at the McLane Student Life Center. There will be mandatory pre-trip meetings on Tuesday, April 22, and Wednesday, April 23, 6-7:30 p.m. at the Baylor Marina. For more Outdoor Adventure opportunities and registration information, visit www.baylor.edu/campusrec/oa.

Cultural Extravaganza
Monday, April 28, 7-9 p.m. at the SUB Bowl. There will be free food, music, and a cultural show performed by various student organizations. This event is hosted by the Multicultural Leadership Cabinet, Asian Student Association, Indian Student Association, Vietnamese Student Association, and Hispanic Student Association. For additional information, contact Margaret_Odunze@baylor.edu.

Friday Night DASH
Leave the car at home and forget about parking. There is now a free shuttle from campus to downtown Waco every Friday night from 8 p.m.-2:30 a.m. For pick-up times and route, visit www.facebook.com/FridayNightDASH.
My HEALTH is your online portal for access to the Health Center. Go to www.baylor.edu/health_center and click on MY HEALTH in the upper right corner. Log in using your Bear ID (firstname_lastname) to make appointments, receive secure messages, print immunization records, and sign up to receive a reminder text message one hour before your next appointment. Give it a try today!

---

**Hot Opportunities**

**AmeriCorps VISTA Position Available**
Are you a graduating senior with experience in service? Here is a valuable opportunity to gain professional experience and develop your skills before graduate school. Baylor University’s Office of Community Engagement & Service is hiring a full-time AmeriCorps VISTA for July 2014 to July 2015. During this one-year term of service, this person will support several key service initiatives and provide training, support, and resources as part of the CES team. VISTA members receive health insurance, a living stipend, and qualify for a $5,600 education award. Review of applications begins **Tuesday, April 29**. For additional information or for a complete position description, contact Erin_Payseur@baylor.edu.

---

**Monday Healthy Tip from Monday Campaigns**
Stress less for a healthy heart. Chronic stress may increase your risk for heart disease. When your body is stressed, it releases the hormone adrenaline, which increases your heart, breathing, and blood pressure rates. This week, try to identify stressful activities and then reduce the frequency of these behaviors to stay heart healthy.

---

**SUPPORT BAYLOR ATHLETICS**

**Softball vs. Louisiana**
Tuesday, April 22, 4 p.m., and 6:30 p.m., Getterman Stadium

**Baseball vs. Texas State**
Tuesday, April 22, 6:30 p.m., Baylor Ballpark

**Softball vs. Kansas**
Friday, April 25, 6:30 p.m.; Saturday, April 26, 3 p.m.; and Sunday, April 27, 12 noon, Getterman Stadium

**Baseball vs. Kansas**
Friday, April 25, 6:30 p.m.; Saturday, April 26, 3 p.m.; and Sunday, April 27, 1 p.m., Baylor Ballpark

Log onto www.BaylorBears.com for all the latest information about Baylor Athletics.
If you have items you would like to see appear in *On the Baylor Horizon*, submit them for consideration by *Wednesday at 8 a.m.* to StudentLife@baylor.edu. You can find the most up-to-date calendar information at [http://www.baylor.edu/calendar/](http://www.baylor.edu/calendar/).