

2013 COL Douglas A. Kersey

Advanced Clinical & Operational Practice Course

Saturday (02 Nov) – Sunday (10 Nov)



Army Medical Department Center & School
Post-Professional Short Course Series

Fort Sam Houston, Texas, 78234



Advanced Clinical and Practical Operational Course

COURSE DESCRIPTION

An intensive 9-day course on advanced clinical practice in neuromusculoskeletal physical therapy for Physical Therapists serving the military community. Emphasis is placed on evidenced-based practice from the clinic to the battlefield in the evolving strategic environment. This course offers participants an advanced level of understanding and application of neuromusculoskeletal physical therapy as it pertains to the unique mission of the military. Course content will emphasize evidence based practice, interactive patient case scenarios, and extensive laboratory experience. Methodology will include lecture, demonstration, and lab exercises.

WHAT'S NEW FOR 2013?

- On-line "Foundations" module covering diagnostic imaging, pharmacology, medical screening & primary care, pain science, and lab values.
- Course curriculum restructured with emphasis on integrating regional clinical case scenarios with hands-on laboratory experience.
- Breakout sessions for more refined training in orthopedic manual therapy, trigger point dry needling, anatomy, diagnostic imaging and integrated functional exercise and performance optimization.
- Lecture and hands on laboratory offered by highly respected academic faculty, and graduates and current fellows of both the US Army Baylor Orthopedic Manual Therapy Fellowship at Brook Army Medical Center and the Sports Medicine Fellowship Programs at West Point.

COURSE TOPICS

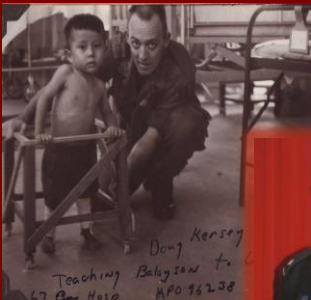
- Emerging Role of Physical Therapists serving the Military Population
- Regional Evidence Based Practice
- Updates of Post-Operative Management and Rehabilitation
- Regional Case Scenarios and Clinical Reasoning
- Region Specific Advanced Interventions in Manual Therapy
- Selected Functional Movement Screen and Integrated Functional Exercise
- Basic and Advanced Trigger Point Dry Needling
- Integration of Anatomy and Diagnostic Imaging with Advanced Intervention Skills
- Injury Prevention / Performance Optimization
- Olympic Powerlifting, TRX Training, Kettlebells, and Sports Taping

COL Douglas Kersey was a pioneer in Army Physical Therapy. Today's Army PT is a respected member of the health care team and serves as neuromuscular physician extenders and as unit fitness/wellness consultants. This status is a direct result of COL Kersey's passion for preventative health and dedication to advancing the professional role of the Army PT.

COL Kersey founded the "Neuromusculoskeletal Evaluation Post-professional Short Course" in 1979. The course was named after him upon his passing in 1988, as a tribute to his incredible leadership, clinical expertise, and unparalleled impact on the field of military physical therapy.

Mr. Jerry Sisler, a member of the 67th Evauation Hospital at QuiNhon Vietnam recently wrote us and shared this about Doug Kersey:

" I knew Doug Kersey quite well professionally as he did his PT thing helping patients with ambulation etc. He had a knack for orthotics and did wonders with our amputee and polio children using sheer ingenuity..."



Lodging Information

Participants may select various options for lodging off post, however a block of rooms have been reserved at the Powless Guest House and the DVQ on post.

Powless House

Reservation Block Code KC1
Reservations: 877-711-8326

DVQ

Reservation Block Code KC2
Reservations: 210-357-2705 ext. 5006

Or go online to:

<http://www.ihg.com/armyhotels/hotels/us/en/reservation> (Use destination Joint Base San Antonio)

Reservations at these facilities must be made by 25 Oct 2013

Amenities

Free Hot breakfast 7 days a week
24 hr Fitness Center @ Powless
24 hr Business Center @Powless
Free High Speed Wired Internet and Wifi
Queen size beds
Flat screen TVs with DVD player
Kitchenette with microwave and mini fridge/freezer

Free Shuttle Service

0600-1000 and 1600-2200 Monday - Friday

Training Location:

AMEDD Center & School

Building #2841 (Willis Hall); Room 3110/3111

3599 Scott Road

Fort Sam Houston, TX 78234

WHO SHOULD ATTEND?

You should apply to attend if you are a Physical Therapist working with the military or DOD community and interested in:

- increasing knowledge of evidence based practice and emerging topics in neuromusculoskeletal physical therapy
- improving basic musculoskeletal intervention skills (including manual therapy skills thrust and non-thrust techniques, soft tissue interventions)
- attaining knowledge and hands on skills in trigger point dry needling
- refining knowledge of anatomy and diagnostic imaging skills
- advancing clinical reasoning and musculoskeletal manual therapy/intervention skills)
- improving integrative skills of injury prevention, functional exercise and performance optimization of our warrior-athlete population.

WHO IS ELIGIBLE TO ATTEND?

The course is continually being revised and updated to meet the mission of military physical therapists. Participants are, therefore, welcome to attend the course more than 1 time but must wait a minimum of 2 years after completing the course and/or graduating from the US Army-Baylor DPT program before being eligible to apply.

HOW TO APPLY

Criteria for selection will vary on each service. Interested applicants should visit the respective links below for more details and service point of contact information.

AD Army – <http://www.baylor.edu/graduate/pt/index.php?id=75975>

USAR/ANG – <http://www.baylor.edu/graduate/pt/index.php?id=31456>

USN – <http://www.baylor.edu/graduate/pt/index.php?id=66188>

USAF – <http://www.baylor.edu/graduate/pt/index.php?id=28285>

USPH – <http://www.baylor.edu/graduate/pt/index.php?id=28595>

DOD GS / Contract Civilian – <http://www.baylor.edu/graduate/pt/index.php?id=75976>

VA – <http://www.baylor.edu/graduate/pt/index.php?id=75977>



APPROPRIATE ATTIRE

- **Military:** Duty Uniform (Day 1). Physical Training Uniform. Civilian change of clothes needed for those desiring to leave post for lunch break.
- **Civilian:** Work Attire (Day 1). Appropriate Lab Clothes.
- **Name Tags:** To be issued and worn throughout course while in lab.

CENTER FOR THE INTREPID

San Antonio's Center for the Intrepid is a world class and state of the art outpatient rehabilitation institute that provides care to wounded warriors who have suffered amputation, limb salvage and some burn patients.

This year we have arranged for a special group tour of this incredible rehabilitation facility. This will be an optional 2- hour tour and space is limited so please sign up early by contacting 2Lt Baumann Katrina.l.baumann2.mil@mail.mil



THINGS TO DO IN SAN ANTONIO

Social Gathering: 4 November (Monday at 1830). Location and Menu Options TBA.

Free Time: Other than the Social on Monday night, you will have the evenings free as well as ½ day of “independent study” on Wednesday to explore the many interesting places and sites around San Antonio.

San Antonio Official Guide Book:

<http://www.visitsanantonio.com/visitors/plan/local-info/events-calendar/index.aspx>

Visit the Alamo: <http://thealamo.org/main/index.php>

For Further Information, please visit the website

<http://www.baylor.edu/graduate/pt/index.php?id=27744> or contact:

SSG Christopher Villarreal christopher.r.villarreal4.mil@mail.com or

2Lt Katrina Baumann katrina.l.baumann2.mil@mail.mil

210-224-8410