## On the Baylor Horizon....a publication of the

## Division of Student Life

#### **RSVP for the School of Social Work MSW Preview Day**

For additional information or to RSVP, contact Kathryn\_Wiley@baylor.edu or call 254-710-4484. This event will be held on *Friday, February 22*, 8:30 a.m.-3 p.m. at the School of Social Work in Downtown Waco. Come learn more about obtaining a Master's degree in Social Work.

## Steppin' Out Registration!

You may register as an individual, with a group of friends, or with an organization at www.baylor.edu/steppinout. Steppin' Out, a big day of service, will be held on *Saturday*, *April 13*. Registration ends *Friday*, *March 26*. For additional information, contact Megan\_Waldock@baylor.edu.

# The HHPR/Recreation and Leisure Services (RLS) Program Offering a For-Credit Course in Wilderness Expedition and Outdoor Leadership

Want a getaway, have fun, and get course credit while learning? The outdoor leadership course, which will be held on *Thursday, May 16*, to *Tuesday, June 4*, will include 21 days in North Carolina. The cost of \$1,050 will include all trip expenses (cool gear, food, travel, equipment, rental, instruction, etc.). There are only five spots left. For additional information or if you're interested, contact Kelli\_McMahan@baylor.edu or call 254-710-3712.

#### Phi Alpha Theta Book Sale

Tuesday, February 19, 9 a.m.-3 p.m. in front of the Tidwell Bible Building (in the case of inclement weather, the sale will move to the foyer of Tidwell). Prices for books will start at 50¢. Stop by, buy a donut, and flip through the pages of history. For additional information, contact Jonathan\_Von\_Spreecken@baylor.edu.

## Student Financial Services Announces New Financial Education Program, Financial Foundations

This new program offers a series of workshops as well as individual financial coaching to students to help them manage their finances. The first workshop for freshmen, "Understanding Student Loans," will be held on *Tuesday, February 19*, 5:30-6:30 p.m. in the Beckham Room of the SUB. A second workshop for upperclassmen will be held on *Thursday, February 28*, 5:30-9:30 p.m. in the Beckham Room of the SUB. For additional information, visit www.baylor.edu/sfs/financialfoundations or contact financial\_foundations@baylor.edu.

#### **Baylor NAACP Meeting**

Tuesday, February 19, 6 p.m. in the Cowden Room of the SUB. Baylor NAACP promotes equality and discusses racial issues that affect us all. For additional information, contact Katherine\_Regalado@baylor.edu.

#### "Prince Among Slaves" Film Screening and Discussion

Tuesday, February 19, 7-9 p.m. in Morrison Hall, Room 120. This event, hosted by Baylor University Libraries, Honors College, and Multicultural Affairs, is part of a program aiming to familiarize public audiences in the US with people, places, history, faith, and cultures of Muslims in the US and around the world. For additional information, contact Eileen\_Bentsen@baylor.edu.

## **Baylor Business Professional Development Program Successful Internships**

Wednesday, February 20, 5 p.m. in the Blume Conference Center of Cashion. Obtaining an internship early in a student's college career is a critical part of career development. This student-led workshop helps students explore their career passion and investigate their personal strengths. For additional information, visit www.baylor.edu/business/selling/pdp.

#### **Outdoor Adventure Programs**

**Wednesday, February 20**: Camping and Backpacking Skills Clinic, 6-7:30 p.m. in the McLane Student Life Center Traditions Lounge. You may register at the McLane Student Life Center front desk. This is a free "Buyer's Guide" clinic.

**Every Tuesday**: High Ropes Challenge Course, 3-6 p.m. at the BU Eastland Lakes Complex. You may register at the McLane Student Life Center front desk. This experience is free.

**Every Thursday**: Bring your sorority, fraternity, leadership group or any other established group of 6 to 30 people to work on team building and leadership skills at the BU Challenge Course, 3-6 p.m. For additional information or to schedule your event, contact Cody\_Schrank@baylor.edu.

**Every Monday through Friday**: The BU Bike Shop located at the Marina is open every weekday from 3-6 p.m.

*Friday, March 8, to, Sunday, March 17*: Spring Break trip, Florida Canoeing and Camping. Paddle in paradise and swim with manatees. There are only five spots remaining. You may register at the McLane Student Life Center. The cost is \$550. For additional Outdoor Adventure information, opportunities, and reservations, visit www.baylor.edu/campusrec/oa.

#### Office of Career and Professional Development Workshop

Thursday, February 21, 5:30-6:30 p.m. in Cashion, Room 403. An interview is your opportunity to convince a potential employer that you are the right person for the position. Learn how to prepare for the interview by knowing yourself, researching the employer, practicing, and more. For additional information, visit <a href="https://www.baylor.edu/cpd/index.php?id=3420">www.baylor.edu/cpd/index.php?id=3420</a>.

## MAP-Works: A Spring Survey for Your Success

All freshman and transfer students who entered in Fall 2012 are asked to take 15-20 minutes to complete the MAP-Works Spring Transition Survey. This survey will give you feedback about how you can continue to enrich your academic experience at Baylor University. If you cannot locate the email invitation you were sent, login to Blackboard and click on the "MAP-Works" link on the left side bar to gain access to the survey. The

survey is available online until *Friday, February 22*. For additional information, contact Micah\_Wheeler@baylor.edu.

#### **Student Health 101**

In February's issue:

- Stop, Collaborate, and Listen
- Get More From Your Core
- Capturing Your Creativity

Check it out at http://readsh101.com/baylor.html. For additional information, contact Lori\_Genous@baylor.edu.

#### THIS WEEK IN STUDENT GOVERNMENT

#### **Involvement Opportunity- Student Government Programming Agency**

Student Government is launching Student Government Programming Agency this semester. This program is designed to involve students who have been neither elected nor appointed to a position within Student Government. This program is intended for emerging leaders at Baylor University. Interested students will work as a team to plan and host numerous Student Government events. The members will also get an in-depth look into Student Government and the University that the average student does not get to experience. Group interview and first meeting will be held this week. For additional information or for an application, contact B\_Kim@baylor.edu.

#### **Monday Healthy Tip**

Who says healthy food has to be expensive? Legumes are one of the cheapest ingredients you can buy and are packed with fiber, protein, iron, potassium, magnesium, and other nutrients. Plus, beans, lentils, and soybeans – also available in low-sodium, canned versions – lend themselves to a variety of dishes and flavors, making them a tasty addition to any meal. Include healthy legumes in at least one dish this week. To get in the recommended 1.5 cups per week, make a pot of chili, some lentil soup or chickpea falafel. For additional information, contact Lori\_Genous@baylor.edu.

#### **Hot Opportunities**

## **Peer Leader Program Applications**

Applications are available online at <a href="https://www.baylor.edu/nsp/index.php?id=93706">https://www.baylor.edu/nsp/index.php?id=93706</a>. We are currently accepting applications from students who want to serve as Peer Leaders in the Baylor University Peer Leader Program for the fall 2013 semester. Successful applicants will possess demonstrated leadership potential and a commitment to service. For priority consideration, students are strongly encouraged to apply by <a href="https://www.baylor.edu">wednesday</a>, <a href="mailto:February 20">February 20</a>. For additional information regarding the Peer Leader Program, contact <a href="mailto:Scott\_Shepherd@baylor.edu">Scott\_Shepherd@baylor.edu</a>.

### **Global Community Living-Learning Center Applications**

For additional information or for an application, visit www.baylor.edu/gcllc. The Global Community Living-Learning Center (GC-LLC) opens its doors to students of all majors and classifications who would like to live in an environment that fosters language learning and celebrates culture. In this intercultural community, students enrich their knowledge and skills by participating in a Modern Foreign Language cohort class; attending various global activities on campus and around central Texas; and coordinating with steering teams that plan enriching events for the GC-LLC. Many students also utilize the Global Community LLC experience as preparation for study or mission work abroad, although going abroad is not a requirement. The GC-LLC provides an experience that internationally-minded students would not want to miss. Rooms are limited so apply today.

#### SUPPORT BAYLOR ATHLETICS

#### Baseball vs. Texas State

Tuesday, February 19, 6:35 p.m., Baylor Ballpark

#### Men's Basketball vs. Iowa State

Wednesday, February 20, 8 p.m., Ferrell Center

#### Baseball vs. UCLA

Friday, February 22, 6:35 p.m., Baylor Ballpark

#### Equestrian vs. Oklahoma State

Saturday, February 23, 10 a.m., Willis Family Equestrian Center

#### Women's Basketball vs. Texas

Saturday, February 23, 12 noon, Ferrell Center

#### Baseball vs. UCLA

Saturday, February 23, 1:05 p.m., Baylor Ballpark

#### Baseball vs. UCLA

Saturday, February 23, 3:05 p.m., Baylor Ballpark

Log onto <a href="https://www.BaylorBears.com">www.BaylorBears.com</a> for all the latest information about Baylor Athletics.

#### Sic' em Bears!

If you have items you would like to see appear in *On the Baylor Horizon*, submit them for consideration by *Friday at noon* to StudentLife@baylor.edu. You can find the most up-to-date calendar information at http://www.baylor.edu/calendar/.

View past issues of *On the Baylor Horizon* at http://www.baylor.edu/student\_life/index.php?id=34626.