

July 25, 2012

I regret to inform you that as of August 31st, I will no longer be working at the Baylor University Counseling Center. Please know that after this date you will no longer be able to receive medication refills through me. Working with you and other students during this crucial phase of life has been a great gift. I will miss you all.

We are in a search to find a replacement psychiatrist, but at this time we may not have a new psychiatrist until at spring semester. Please plan ahead to avoid running out of medication or having a gap in care. Two options after my departure:

- **Transfer care to a psychiatrist in Waco or your hometown.** If you sign a release of information with us, we will be happy to send your records (including any psychological assessments) to them to ease this transition. Resources are listed at the end of this message.
- **Transfer care to your primary care provider or the Baylor Health Center.** Primary care providers are generally comfortable treating students who are taking medication and don't have a history of psychiatric residential treatment or hospitalizations. There is a chance they will still refer you to a psychiatrist. If you have questions regarding whether this is an option for you, call Baylor University Counseling Center or make an appointment to discuss directly with your primary care provider. *The Baylor Health center will not be able to refill your medication without seeing you at an appointment.*

Additionally, Baylor University Counseling Center has someone on staff to meet with you and help with the transition process. If you would like to set up an appointment with her or have any other questions or concerns, do not hesitate to contact the Counseling Center at 254-710-2467.

Christina Chen, MD

"May the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus" Philippians 4:7

Finding Psychiatrists in the Community

Usually, contacting your insurance company for in-network referrals is the simplest option to find a mental health provider. We have listed resources if you have no insurance as well. Some physicians are accessible via the DASH bus located on campus. Zipcar rentals are also an option if you do not have a car. The BU website has more information regarding these options.

Finding Psychiatrists in the Community

Steve Dutton, MD
1316 Washington Ave
Waco, TX 76701
254-776-1421

Sean McCarthy, MD
1316 Washington Ave.
Waco, TX 76701
254-776-3366

Lance Oberg, MD & Stephen Mark, MD
405 Londonderry Dr. Suite 202
Waco, TX 76712
254-772-6770

DePaul Center Outpatient Clinic
301 Londonderry Dr.
Waco, TX 76712
254-751-4880

Josh Warren, MD
215 Mary Ave. Suite 301
Waco, TX (above SPICE)
254-772-8055

<http://www.children-families.com/#!providers/vstc1=josh-warren,-md>

Resources for those without insurance:

Family Health Center
1600 Providence Drive

Heart of Texas MHMR
<http://www.hotrmhmr.org/mhpsych.html>
Waco, TX 76706

Links to insurance providers:

BCBS
<http://provider.bcbs.com/>

Aetna
www.aetna.com/docfind/

Cigna
www.cigna.com/

Humana
www.humana.com/providers/

United Health Care
www.uhc.com/find_a_physician.htm