

On the Baylor Horizon.....a publication of the Division of Student Life

The Campus Diversity Committee Calling for Nominations!

The Campus Diversity Committee is calling for nominations for the Annual BU Diversity Award. The Award is given to individuals (staff and faculty), organizations, or programs within Baylor University that strengthen and promote respect for diversity through innovative leadership and service or practices and programs designed to enhance a climate of understanding and respect throughout the campus community. Nominations are due *Friday, March 30*. For additional information or to submit a nomination, contact Lexi_English@baylor.edu.

Register for Gut Pak Run

The Gut Pak Run is a new competitive eating race hosted by Freshman Class Council and the Baylor Triathlon Club. Racers will run from Baylor's campus to Vitek's BBQ and consume one small Gut Pak before running back to campus and crossing the finish line. Proceeds will benefit Mission Waco. The cost of \$20 will include a shirt, a meal, and a Vitek's memory. For additional information or to register, visit <http://bit.ly/xflpmZ>.

Gamma Alpha Omega Sorority Inc. Rush Events

Monday, February 13, and Tuesday, February 14: Informational, 6:30 p.m. in the White Room of the SUB

Wednesday, February 15: Service Event, 5:30 p.m. at the Salvation Army Soup Kitchen

For additional information, contact Abigail_Aguinaga@baylor.edu or Leslie_Montiel@baylor.edu.

CHI'S Service Events

Monday, February 13: Formal Rush, 7 p.m. in the Baines Room of the SUB. Dress is Sunday's best.

Friday, February 17: Interviews, 3-10 p.m. in Morrison, Room 100

For additional information, an application, or to sign up for an interview, contact Celestine_Wemakor@baylor.edu.

Latin Dance Society Dance Lessons and Social Dancing

Every Monday, 9 p.m. in Marrs McLean Gym. Come learn salsa, meringue, bachata, and more. No experience necessary. Beginners are always welcome. For additional information, contact Alejandra_Perez@baylor.edu.

Up 'til Dawn Bake Sale

Tuesday, February 14, 10:30 a.m.-3:30 p.m. in the Baylor Sciences Building Atrium. Come by to celebrate Valentine's Day by grabbing a sweet treat for you and someone special. Donations will be accepted. All proceeds will benefit St. Jude Children's Hospital. For additional information, contact Kelsey_Carpenter@baylor.edu.

Multicultural Greek Council (MGC) at Dr Pepper Hour

Tuesday, February 14, 3-4 p.m. in the Barfield Drawing Room of the SUB. Come meet the sororities and fraternities that make up MGC and grab a Dr Pepper float. For additional information, contact Harjot_Singh@baylor.edu.

Outdoor Adventure Programs

Tuesday, February 14: Introduction to Climbing Clinic, 7-9 p.m. at the Rock. You may register at the McLane Student Life Center front desk by 3 p.m. The cost is \$10.

Wednesday, February 15: Learn about our Spring Break adventures to paddle Florida's Suwannee River, backpack Utah's Paria Canyon, and climb Arkansas' Horseshoe Canyon, 5 p.m. at the SUB Den.

Thursday, February 16: Bicycle Maintenance Workshop, 6-9 p.m. at the Baylor Marina. You may register at the McLane Student Life Center front desk by 3 p.m. The cost is \$10.

For additional information or for more Outdoor Adventure opportunities, visit www.baylor.edu/campusrec/oa.

Baylor Career Services Events

Monday, February 13, to Friday, February 17: Walk-in Assistance for 10-15 Resume Review at Sid Richardson, Room 116

- *Monday, February 13, and Wednesday, February 15, 9-11 a.m.*
- *Tuesday, February 14, and Thursday, February 16, 12 noon-2 p.m.*
- *Friday, February 17, 1:30-3:30 p.m.*

Thursday, February 16: Prepare for the Internship and Career Fair, 4-5 p.m. in the Baylor Sciences Building, Room C105. Learn what to expect, how to prepare, and what you can do to make the most of career fair. The presenter will be Virgie Sandford, District Sales Manager of Southwestern. To RSVP, visit

https://www.myinterfase.com/baylor/event_view.aspx?token=Apa8NVzQffSVfmLuTGubKg%3d%3d

Wednesday, February 22: Internship and Career Fair, 12:30-4:30 p.m. at the Ferrell Center. This event is for graduating students looking for that first professional job and for students seeking internships. Different employers seeking Baylor students in all academic fields will be present. About 90 companies will be in attendance with entry-level career positions and internships. While some companies do seek specific majors, the majority of companies are open to all majors. For a complete list of organizations attending, visit

https://www.myinterfase.com/baylor/event_view.aspx?token=ZyD08iMBLeH5k6rBY1FVuQ%3d%3d

For additional information, contact Carolyn_Muska@baylor.edu.

My HEALTH

My HEALTH is your on-line portal for access to the Health Center. Go to www.baylor.edu/health_center and click on MY HEALTH in the upper right corner. Log in using your Bear ID (firstname_lastname) and you can make appointments, **print a parking pass for the patient parking (if available)**, receive secure messages, print immunization records, and sign up to receive a reminder text message one hour before your next appointment. Give it a try today!

THIS WEEK IN STUDENT GOVERNMENT

Congressman Chet Edwards at Dr Pepper Hour

Tuesday, February 14, 3-4 p.m. Congressman Chet Edwards will be attending the entire Dr Pepper Hour to interact with students and give them some insight of what it is like to be a career politician. Come out to talk with the former Congressman. For additional information, contact student_government@baylor.edu.

Baylor Town Hall Meeting with Provost Elizabeth Davis

Tuesday, February 21, 5-6 p.m. in the SUB Den. The Town Hall will be led by Provost Elizabeth Davis who will discuss the new Strategic Plan and answer any questions students may have. The event is open to all Baylor students. For additional information about the Strategic Plan, visit www.baylor.edu/strategicplan.

Healthy Monday Tip

Forbidding certain foods, like Valentine's chocolate or wine, is a common diet strategy, but studies have shown that this can actually lead to overeating. Food restrictors often satiate their cravings by eating other high-calorie items, which can lead to weight gain. Learning how to effectively cope with trigger foods will leave you feeling in control and improves your chances of maintaining your weight. Instead of fearing your favorite foods, figure out how to budget a small portion into your week. Simply removing the "forbidden" label from a food can greatly reduce cravings for it. For additional information, visit www.baylor.edu/wellness.

Hot Opportunities

The Campus Diversity Committee's Diversity Enhancement Grant

If your organization is creating an event that promotes and celebrates diversity, the Campus Diversity Committee invites you to apply for a Diversity Enhancement Grant. If your event meets the criteria for a grant, your organization can be awarded up to \$1,000. For additional information or for an application and instructions, contact Lexi_English@baylor.edu.

Student Health Advisory Committee Applications

Student Health Advisory Committee is seeking students interested in serving on an advisory board for the Health Center and also serving to promote clinic services and campus education. Applications are due on *Monday, February 27*. For additional information or to apply, visit www.baylor.edu/health_center/index.php?id=86407.

Welcome Week Leader and Peer Leader Applications

Applications are available online at www.baylor.edu/nsp/wwstaff. Student Learning and Engagement and New Student Programs are looking for student leaders interested in serving incoming students for the fall of 2012. Don't miss out on this opportunity to serve incoming students and grow as a leader. Applications are due on *Wednesday, February 29*. For additional information, contact Tripp_Purks@baylor.edu.

Mortar Board Applications

Are you a junior with a GPA of 3.5 or higher? Apply for Mortar Board, a national honor society for college seniors. Only one percent of Baylor seniors are accepted. Mortar Board hosts several events for students and professors each semester. Applications are due on *Friday, March 2*. For additional information or for an application, contact Emily_Brower@baylor.edu.

Missions Awareness Opportunity

Planning for the 2012 Be the Change Mission Conference (held every Fall) has begun and

we are looking for students interested in serving on a steering committee to help plan and facilitate this event. Students interested in missions, raising awareness about missions, and making great contacts while developing leadership skills should apply. For additional information, contact Adam_Velez@baylor.edu.

SUPPORT BAYLOR ATHLETICS

Men's Basketball vs. Iowa State

Monday, February 13, 6 p.m., Ferrell Center

Baseball vs. Oral Roberts

Friday, February 17, 4:05 p.m.; Saturday, February 18, 2:05 p.m.; and Sunday, February 19, 1:05 p.m., Baylor Ballpark

Equestrian vs. Oklahoma State

Saturday, February 18, 10 a.m., Willis Equestrian Center

Men's Basketball vs. Kansas State

Saturday, February 18, 12:45 p.m., Ferrell Center

Women's Basketball vs. Texas Tech

Saturday, February 18, 7 p.m., Ferrell Center

Women's Tennis vs. UCLA

Sunday, February 19, 12 noon, Hurd Tennis Center

Log onto www.BaylorBears.com for all the latest information about Baylor Athletics.

Sic 'em Bears!

If you have items you would like to see appear in *On the Baylor Horizon*, submit them for consideration by *Friday at noon* to StudentLife@baylor.edu. You can find the most up-to-date calendar information at <http://www.baylor.edu/calendar/>.

View past issues of *On the Baylor Horizon* at http://www.baylor.edu/student_life/index.php?id=34626.