RSVP for Baylor Master’s of Social Work Preview Day
For additional information or to RSVP, contact SWO@baylor.edu. Preview Day will be held on Friday, February 10, 8:30 a.m.-3 p.m. at the School of Social Work, 811 Washington Avenue. Come learn more about the admissions process, financial aid, and dual degree programs. Lunch will be provided.

Register to Join the Baylor Business Women
For additional information or to register, visit www.baylor.edu/business/women/index.php?id=50011. Sign up and learn about the benefits of joining this network. The deadline is Friday, February 10.

Register for a Free Practice GRE, LSAT, MCAT, and DAT
You may register online at http://bit.ly/BaylorPractice1. This event, sponsored by Delta Epsilon Iota and Kaplan, will be held on Saturday, February 11, 10 a.m. in the Baylor Sciences Building. Check-in will be in the lobby. For additional information, contact DEI@baylor.edu.

Outdoor Adventure Programs Events
If you’re interested in the Summer 2 trips: Uganda and Mt. Kilimanjaro Mission Trip, spring break adventures to paddle Florida’s Sewanee River, backpack Utah’s Paria Canyon, or climb Arkansas’ Horseshoe Canyon, contact Cody_Schrank@baylor.edu. **Tuesday, January 24:** Introduction to Climbing, 7-9 p.m. at the Rock. You may register at the McLane Student Life Center front desk by 3 p.m. The cost is $10. For additional information or for more Outdoor Adventure opportunities, visit www.baylor.edu/campusrec/oa.

The Association of Black Students Meeting
Monday, January 23, 5 p.m. in the Houston Room of the SUB. The discussion will include a variety of topics. Everyone is welcome. For additional information, contact Eboni_Cleveland@baylor.edu.

Spring Lecture Series: Leadership in Contemporary Social Issues
Tuesday, January 24, 5:30-6:30 p.m. in Kayser Auditorium. The Academy for Leader Development and Civic Engagement will host Dr. Bonny Cain, W.I.S.D Superintendent. Dr. Cain has worked in public education for 34 years. For additional information, visit www.baylor.edu/leadership/index.php?id=82633 or call 254-710-1291.

Delta Sigma Pi Interest Meeting
Tuesday, January 24, 6 p.m. on the 5th floor of Cashion. Delta Sigma Pi is an international, co-ed, business fraternity focused on bringing professionalism into the social and service side of the fraternity. Come learn all about what this organization has to offer. For additional information, contact Travis_Collier@baylor.edu.

Baylor National Pan-Hellenic Council Sponsoring Greek 101
Tuesday, January 24, 7 p.m. in the SUB Den. Come get all your Greek questions answered and meet the faces behind the colors. For additional information, contact Brittany_Bay@baylor.edu.
**Alpha Phi Omega Formal Rush**
Tuesday, January 24, 7 p.m. in Cashion, Room 203. For additional information, contact Sanmai_Gbandi@baylor.edu or Kelly_Giang@baylor.edu.

**Multicultural Affairs and STEPS Present “Major Decisions”**
Thursday, January 26, 5 p.m. in the Bobo Spiritual Life Center. Major Decisions is an event to assist students in learning more about various majors and career paths. Several faculty and staff members, as well as upperclassmen, will be on hand to answer any questions you may have. Pizza will be served, and door prizes will be given away. Come and explore your "Major Decision!" For additional information, contact Paige_Jackson@baylor.edu or Kelley_Kimple@baylor.edu.

**Asian Students Association Hosting Chinese New Year**
Thursday, January 26, 6:30-9 p.m. in the Barfield Drawing Room of the SUB. There will be a live cultural performance, games and activities, and free food provided by Pei Wei. Come out and enjoy the beginning of the Year of the Dragon. For additional information, contact Drake_Coffelt@baylor.edu or Ejoke_Agiri@baylor.edu.

**Join CHI’S Service for Coffee**
Every Thursday, 7 p.m. at the North Village Starbucks. For additional information, contact Amanda_Crow@baylor.edu.

**Interested in Omega Delta Phi?**
The Brotherhood of Omega Delta Phi would like to welcome all young men from any race, creed, and culture who are interested in making a difference around the Waco community to learn more about this organization. Omega Delta Phi gives its brothers an opportunity to lead an organization and develop valuable networking skills and learn the values of unity, honest, integrity, and leadership. For additional information, visit baylorknights.com or Andrew_Corrales@baylor.edu.

**Student Health 101**
Check out January’s issue at http://readsh101.com/baylor.html. For additional information, contact Lori_Genous@baylor.edu.

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**Healthy Monday Tip**

It can be tempting to focus on just one variable when deciding if a food is healthy, but even calories don't tell all. It's important to choose also nutrient-dense foods: a high fiber, vitamin rich meal will keep you fuller, longer and help you eat less overall. Nutrition labels list how much of each nutrient is in a serving. Use nutritional labels this week and see if you're getting the most bang for your bite. Try replacing some of your empty calories with nutrient-dense foods. For additional information, visit www.baylor.edu/wellness.

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**Hot Opportunities**

**Baylor Ambassadors Applications**
Applications are available online at www.baylor.edu/ogr/index.php?id=52289. For additional information, contact R_Phipps@baylor.edu.

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**SUPPORT BAYLOR ATHLETICS**

*Women’s Tennis vs. Tarleton State*
Tuesday, January 24, 3:30 p.m., Hurd Tennis Center

*Women’s Tennis vs. SFA*
Wednesday, January 25, 3:30 p.m., Hurd Tennis Center

*Women’s Tennis vs. Central Florida*
Saturday, January 28, 11 a.m., Hurd Tennis Center

*Men’s Basketball vs. Texas*
Saturday, January 28, 12 noon, Ferrell Center

*Men’s Tennis vs. New Mexico State*
Saturday, January 28, 3 p.m., Hurd Tennis Center

*Women’s Basketball vs. Kansas*
Saturday, January 28, 7 p.m., Ferrell Center

*Women’s Tennis vs. UTA/Wyoming*
Sunday, January 29, 11 a.m., Hurd Tennis Center

*Men’s Tennis vs. Rice/Florida State*
Sunday, January 29, 3 p.m., Hurd Tennis Center

Log onto www.BaylorBears.com for all the latest information about Baylor Athletics.

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**Sic ’em Bears!**

If you have items you would like to see appear in *On the Baylor Horizon*, submit them for consideration by Friday at noon to StudentLife@baylor.edu. You can find the most up-to-date calendar information at http://www.baylor.edu/calendar/.