

# On the Baylor Horizon.....a publication of the Division of Student Life

---

## **Baylor Urban Missions Interest Meeting**

Thursday, January 12, 7:30 p.m. at the Bobo Spiritual Life Center. Did you resolve to serve more or be more involved in the Waco community this year? Would you like to learn about opportunities to join other students in ministering to the Waco community this semester? Come learn more about each team and meet the student leaders. For additional information, contact [Carole\\_Meriwether@baylor.edu](mailto:Carole_Meriwether@baylor.edu) or visit [www.baylor.edu/missions](http://www.baylor.edu/missions).

## **Outdoor Adventure Programs Trips**

**Wednesday, January 11:** Introduction to Climbing Clinic, 7-9 p.m. at the Rock. You may register at the McLane Student Center front desk by 3 p.m. The cost is \$10.

**Saturday, January 14 to Monday, January 16:** Wilderness First Aid/WFR Refresher by SOLO, 9 a.m.-6 p.m. at the McLane Student Life Center, Room 314. You may register at the McLane Student Life Center front desk by *Wednesday, January 11*. The cost is \$150.

**Tuesday, January 17:** Kayaking Rescue and Roll Clinic, 6-8:30 p.m. at the McLane Student Life Center pool. You may register at the McLane Student Life Center front desk by 3 p.m. The cost is \$10.

**Tuesday, January 17 and Wednesday, January 18:** Meet in the McLane Student Life Center, Room 314, 6-7 p.m. to learn about our spring break adventures to paddle the Sewanee River in Florida, backpack Paria Canyon in Utah, or embark on an outdoor rock-climbing trip to remember.

**Wednesday, January 18:** Introduction to Sport Climbing, 7-10 p.m. at the Rock. You may register at the McLane Student Life Center front desk by 3 p.m. The cost is \$10. For additional information or for more Outdoor Adventure opportunities, visit [www.baylor.edu/campusrec/oa](http://www.baylor.edu/campusrec/oa).

## **Student Health 101**

In January's issue:

- Join In: Why More Students Are Volunteering
- Social Networking: Making Smart Connections
- Start Your Summer Job Hunt Now
- How To Deal With Sexual Harassment

Check it out today at <http://readsh101.com/baylor.html>. For additional information, contact [Lori\\_Genous@baylor.edu](mailto:Lori_Genous@baylor.edu).

---

## **THIS WEEK IN STUDENT GOVERNMENT**

### **Discussions on Waco ISD School Closures**

Because of the budget cuts in Texas, many school districts looking ways to cut costs this upcoming year. Waco ISD is considering multiple plans that include closing and consolidating multiple schools in our community. If you are interested in hearing these discussions or providing input, the Waco ISD School Board is holding open forums on the following days:

- **Monday, January 9,** 6:30 p.m. in the University High School PAC

- **Tuesday, January 10**, 6:30 p.m. in the Cesar Chavez Middle School Cafeteria (Spanish presentation only)
  - **Wednesday, January 11**, 6:30 p.m. in the A.J. Moore Lecture Hall
  - **Thursday, January 12**, 6:30 p.m. in the G.W. Carver Academy Cafeteria
- For additional information, visit [www.wacoisd.org/board\\_of\\_trustees/meetings/](http://www.wacoisd.org/board_of_trustees/meetings/).
- 

### Healthy Monday Tip

Make the first move. Regular physical activity benefits every part of your body and can reduce your risk of cardiovascular disease, type-2 diabetes and more. While it's recommended that adults engage in at least 150 minutes of moderate-intensity activity each week, every bit is better than nothing. It's important to start moving and gradually increase intensity and duration. Start strong this week by adding activity whenever possible. It can be as simple as walking while on the phone, parking at the end of the lot, or taking the stairs instead of the elevator. Write down this week's moves and think of ways to build on them. For additional information, visit [www.baylor.edu/wellness](http://www.baylor.edu/wellness).

---

### Hot Opportunities

#### Student Foundation Scholarship Applications

For additional information or for an application, visit [www.baylor.edu/studentfoundation](http://www.baylor.edu/studentfoundation). Applications are due *Friday, January 27*, at 5 p.m. Current students with at least a 2.5 GPA and 12 credit hours at Baylor qualify for the \$2,000 scholarships.

---

### SUPPORT BAYLOR ATHLETICS

#### ***Women's Basketball vs. Oklahoma State***

Wednesday, January 11, 7 p.m., Ferrell Center

#### ***Men's Basketball vs. Oklahoma State***

Saturday, January 14, 2 p.m., Ferrell Center

#### ***Football Season Celebration***

Saturday, January 14, 7 p.m., Ferrell Center. Doors open at 6 p.m.

Log onto [www.BaylorBears.com](http://www.BaylorBears.com) for all the latest information about Baylor Athletics.

---

**Sic' em Bears!**

If you have items you would like to see appear in *On the Baylor Horizon*, submit them for consideration by *Friday at noon* to [StudentLife@baylor.edu](mailto:StudentLife@baylor.edu). You can find the most up-to-date calendar information at <http://www.baylor.edu/calendar/>.

View past issues of *On the Baylor Horizon* at [http://www.baylor.edu/student\\_life/index.php?id=34626](http://www.baylor.edu/student_life/index.php?id=34626).