# On the Baylor Horizon....a publication of the

Division of Student Life

## Register Today for Student Foundation's Bearathon Half Marathon and 5k Race!

For additional information or to register, visit www.baylor.edu/student\_foundation. March 24, 2012, will mark the 10th annual Bearathon race. This half marathon takes you through hilly Cameron Park, scenic Waco neighborhoods and starts and finishes right on Baylor campus. Last year over 1,500 runners participated in the aptly named "toughest half in Texas."

#### **Special Study Days**

Tuesday, December 6, and Wednesday, December 7, are the designated study days.

## **Baylor Activities Council Hosting Pancake Break**

Wednesday, December 7, 9-11:30 p.m. in the SUB. Come in your pajamas and enjoy a free breakfast with eggs, bacon, sausage, pancakes, and more. For additional information, contact Michelle\_Caunitz@baylor.edu or Deryl\_Cason@baylor.edu.

### **Finals Week**

For the complete final exam schedule, visit www.baylor.edu/Registrar/index.php?id=84416.

#### Student Health 101

In December's issue:

- 10 Things Your Mother Was Right About
- 7 Ways To Improve Your Nutrition
- How To Help A Friend in Crisis
- Find Your Pathway To Success

Check it out today at http://readsh101.com/baylor.html. For additional information, contact Lori\_Genous@baylor.edu.

Good luck on your finals!

## **Healthy Monday Tip**

Stay in, work out. Just because it's cold outside doesn't mean you can't keep moving! Make the most of the great indoors this week with jumping jacks, leg lifts, sit-ups, or an at-home fitness video. Encourage your family to think up active games, and join in on the fun. For additional information, visit www.baylor.edu/wellness.

## SUPPORT BAYLOR ATHLETICS

*Women's Basketball vs. Milwaukee* Thursday, December 8, 7 p.m., Ferrell Center Log onto www.BaylorBears.com for all the latest information about Baylor Athletics.

# Sic' em Bears!

If you have items you would like to see appear in *On the Baylor Horizon*, submit them for consideration by *Friday at noon* to StudentLife@baylor.edu. You can find the most up-to-date calendar information at http://www.baylor.edu/calendar/.

View past issues of *On the Baylor Horizon* at http://www.baylor.edu/student\_life/index.php?id=34626.