Baylor ROCK Policies

Admittance

- 1. The ROCK is open to climbing during posted hours for all current Baylor students, faculty and staff. The facility may be reserved for use outside the posted hours.
- 2. Guests must be accompanied by a current Baylor cardholder, sign the appropriate SLC Guest Waiver, and pay the \$10 ROCK usage fee.
- 3. Children under the age of 16 must be accompanied by an adult at all times while at the ROCK.
- 4. All participants must swipe their Baylor ID or a guest pass upon entering the ROCK area.
- 5. All participants must complete, at minimum, the General ROCK membership requirements before climbing. For children under the age of 16, an accompanying adult must complete membership requirements and will be responsible for the child while at the ROCK. Minors under 18 are allowed to be ROCK members; however, their membership form must be initially signed by a legal guardian.
 - Minors cannot chaperone another minor guest at the ROCK.
- 6. No participants under the influence of drugs or alcohol are allowed to participate in any of the ROCK activities.
- 7. All participants coming from the pool must have a change of clothes. They are not allowed to climb in the same clothing they swam in, wet or dry.

General

- 1. Follow all staff directions.
- 2. Please remove all jewelry and watches. Remove any items from your person that can cause injury.
- 3. Do not climb directly above or below another participant.
- 4. No boisterous or rough play allowed.
- 5. No swinging on the ropes or running.
- 6. Customers cannot add, remove or tighten holds or volumes.
- 7. Do not climb past top-rope anchors.
- 8. A Baylor belay or sport climbing certification card is required to belay or sport climb at the ROCK.
- 9. Inform staff of any incidents, accidents or bodily fluids on the wall or pads.
- 10. Shirts with sleeves and long shorts or pants are required.
- 11. Shoes are required at all times while on the climbing mats.
- 12. Refrain from using foul language.
- 13. No food or drink allowed on the climbing mats.
- 14. No loose chalk is allowed.
- 15. Do not step on the ropes.
- 16. No private instruction allowed.
- 17. Climbing with headphones is prohibited.
- 18. Campus recreations staff reserve the right to suspend the privilege to climb if participants act in a manner that is inappropriate, unsafe, or not in compliance with the policies listed herein.

Bouldering

- 1. One must be a current ROCK member and check in at the ROCK desk to obtain a pass to boulder.
- 2. Spotters are highly recommended for every climber.
- 3. Children under the age of 16 must be accompanied by an adult at all times while using the bouldering area. The accompanying adult must be a current ROCK member.
- 4. Help avoid injury by down climbing when possible rather than dropping from the top.
- 5. While bouldering, a participant's head may not go above the top of the bouldering wall.
- 6. Do not sit or loiter on the climbing mats. If you are not in the process of climbing or spotting, stand clear of the climbing area.

Technical

- 1. Personal harnesses and belay devices must be approved by staff before use.
- 2. Harnesses must be double backed or correctly secured based upon manufacturer specifications at all times.
- 3. Harnesses must be snug with belt above the hips and worn to manufacturer's specifications.
- 4. A figure eight follow through with a single overhand or fishermans keeper knot is the only acceptable tie-in.
- 5. Tie in directly to the harness either through both hard points of the harness or climbing loop. DO NOT tie into the belay/rappel loop on harnesses that have one.
- 6. Use standard belay commands at all times (On Belay, Belay On, Climbing, Climb On, Slack, Tension, Up Rope, Falling, Take, Lower, Off Belay, Belay Off)

Belaying

- 1. Participants under the age of 16 may not belay climbers at the ROCK.
- 2. A belay class and successful check-offs are required to receive a Baylor belay certification card. The belay method taught in the Baylor belay class is the only acceptable method for belaying at the Baylor ROCK.
- 3. The belayer's Baylor certification card must be visible on the belayer's harness while belaying.
- 4. The bealyer must go through an annual check off to show they have retained the necessary skills.
- 5. A tight belay is required at all times for top rope climbing.
- 6. All top rope belayers must be clipped to a daisy chain.
- 7. Stitch plate, pyramid, tube-style and GRIGRI belay devices are allowed. Belaying with a GRIGRI is allowed only once you have gone through the proper Baylor training and certification process.
- 8. Belay carabiner must be locked.
- 9. Belayers must remain in the brake/lowering position at all times when the climber is at rest or not climbing.
- 10. The brake hand should not lose contact with the brake end of the rope at any time.
- 11. Belayer must remain attentive and standing while belaying.
- 12. Slow and controlled lowering is required.

Sport Climbing

- 1. Participants under the age of 16 may not sport climb at the ROCK.
- 2. A sport climbing class and successful check-offs are required to receive a Baylor sport climbing certification sticker.
- 3. The climber's Baylor certification card and sticker must be visible on the belayer's harness while sport climbing and belaying.
- 4. Ropes immediately to the left and right of the sport line must be free of climbers before beginning and during a climb.
- 5. Only designated ROCK lead ropes can be used to sport climb.
- 6. A helmet must be worn by the climber while sport climbing.
- 7. All standard belay and lowering rules above must be followed.
- 8. Belayer must keep minimal slack.
- 9. Leader must clip all quickdraws in order. Traversing between lead lines, extending pre-placed draws or tampering with the fixed gear is prohibited.
- 10. Leader must not back-clip or z-clip the guickdraws.
- 11. Leader must clip both anchors at the top of a climb.
- 12. No back-leading allowed.
- 13. Lead belayers are not required to clip into the daisy chain.
- 14. Lead climbers can only climb at a level they can comfortably top rope cleanly. It is recommended that lead climbers stay one level below the level which they can top rope cleanly.

Climbing is dangerous. Climbers who are unwilling or unable to follow rules will be asked to leave.