

# On the Baylor Horizon.....a publication of the Division of Student Life

---

## **Special Study Days**

Monday, May 3, and Tuesday, May 4, are the designated special study days before final exams begin.

## **Lift Up Your Hearts: A Service of Prayer and Worship for the Baylor Family**

Monday, May 3, 11 a.m. in Truett Seminary Chapel. Dr. Joel Gregory will bring reflections and various members of the Baylor community will lead in prayer and music. A complimentary fellowship luncheon will follow at 12 noon in the Seminary's Great Hall. This event is sponsored by the Spiritual Life Advisory Committee, the Provost's Office, and the Spiritual Life Office.

## **Baylor Counseling Services: M&M Hours Meditation and Mindfulness Groups**

Monday, May 3, to Friday, May 7, 2-3 p.m. in the Baylor Counseling Center. The purpose of these groups is to equip students with knowledge and skills in various relaxation, meditation, and mindfulness practices. You may call ahead or just drop-in. All students are invited to attend. For additional information, call 254-710-2467 or contact [Rod\\_Hetzel@baylor.edu](mailto:Rod_Hetzel@baylor.edu).

## **Pancake Break Luau**

Tuesday, May 4, 9-11 p.m. in the SUB. Take a mini-vacation from studying and come enjoy a pancake break luau. Come dressed in a grass skirt, straw hat, and lei; and enjoy some delicious pancakes. For additional information, contact [Garrett\\_Isom@baylor.edu](mailto:Garrett_Isom@baylor.edu).

## **Finals Week**

For additional information about study tips, check [www.baylor.edu/support\\_programs/index.php?id=42368](http://www.baylor.edu/support_programs/index.php?id=42368). For the complete final exam schedule, visit [www.baylor.edu/sfs/index.php?id=69401](http://www.baylor.edu/sfs/index.php?id=69401).

## **McLane Student Life Center Hours**

For the May 2010 calendar of the McLane Student Life Center's hours of operation, visit [www.baylor.edu/campusrec/index.php?id=18143](http://www.baylor.edu/campusrec/index.php?id=18143).

## **Good luck on your finals!**

---

## **Healthy Monday Tip**

Remember to get plenty of sleep during finals week. Sleep deprivation can affect your performance during finals. You may be doing more damage that good by pulling an all-nighter. For additional information, visit [www.baylor.edu/wellness](http://www.baylor.edu/wellness).

---

## **SUPPORT BAYLOR ATHLETICS**

***Softball vs. Texas***

Thursday, May 6, 6:30 p.m., Getterman Stadium

***Softball vs. Houston***

Saturday, May 8, 5 p.m. and 7 p.m., Getterman Stadium

Log onto [www.BaylorBears.com](http://www.BaylorBears.com) for all the latest information about Baylor Athletics.

---

**Sic' em Bears!**

If you have items you would like to see appear in *On the Baylor Horizon*, submit them for consideration by *Friday at noon* to [Student\\_Life@baylor.edu](mailto:Student_Life@baylor.edu). You can find the most up-to-date calendar information at <http://www.baylor.edu/calendar/>.

View past issues of *On the Baylor Horizon* at  
[http://www.baylor.edu/student\\_life/index.php?id=34626](http://www.baylor.edu/student_life/index.php?id=34626).