Effective Rehearsal Leadership:
Time Management in the Choral Rehearsal

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Leadership
• “Social influence on mission accomplishment. Getting effective cooperation of other people and to harness the resources provided by that cooperation to the attainment of a goal.”

To Conduct
• Conducere
• “to direct the course of, or to guide, to lead.”

SMART Goals
• Specific
• Measurable
• Accountable
• Realistic
• Timely

SMARTER Goals
• Evaluate
• Re-Do

Qualities of Excellent Rehearsals:
• Appropriate music selection
• Score preparation
• Well planned
• Stimulating

SMART Rehearsal
• Direction
• Duration
• Maximum Intensity
• Would be success

<table>
<thead>
<tr>
<th>Duration (time)</th>
<th>Intensity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Set</td>
<td>Time</td>
</tr>
<tr>
<td>Direction</td>
<td>61.8%</td>
</tr>
</tbody>
</table>
Motivation

• A traditional 60-minute rehearsal:
  o Warm-ups (1+2+3 minutes)
  o First musical composition (5 minutes)
  o Second composition (8 minutes)
  o Third composition (13 minutes)
  o Fourth Composition (21 minutes)
  o Final selection (8 minutes)

• All of these can be broken down to their own Fibonacci numbers.

For Further Success

• Have empathy with your singers
• Try to solve problems with gesture rather than words
• Plan those rehearsals
• Be a “Team Leader”
• Cultivate “Exemplary Followers”

Twelve Roadblocks to Mutual Learning

• Ordering, Warning, Moralizing, Advising, Persuading with logic, Judging, Phony praise, Ridiculing, Analyzing, Sympathizing, Interrogating, Sarcasm

A Successful Rehearsal

• Work in progress
• Has Goals
• Use gesture to solve problems
• Starts and ends on time
• Music list on the board
• Clean, organized room
• Singer shares in the responsibility
• Starts at a level the choir can attain
• Conductor’s body is free from tension
• Satisfies and antagonizes the students
• Singer has a sense of ownership
• List music on the board
• Go through lots of music
• Start and end on time
• Do anthems more than once
• Make minutes count

Maintaining a Rehearsal

• Humor
• Respect
• Enthusiasm
• Score preparation
• Value choristers time
• Warm rehearsal demeanor
• SMARTER goals