Whole Lot Of Shakin’ Goin’ On- Preschool

Movement and singing activities for Preschoolers

Presentation by Teresa Granger, M.M.Ed.

1. The Basic Nature of the Preschool child.
   - Loves music
   - Always moving
   - Makes up own songs
   - Inquisitive
   - Learns new things quickly

2. The steady beat is the most important thing.
   - Say nursery rhymes to the beat
   - March to the beat
   - Play the beat on rhythm instruments

3. The child’s interval is important in teaching singing to the preschool child.
   - Songs for preschool children need to focus on the minor third which is sol-mi.
   - Songs need to be very repetitive and can often incorporate the child’s name
   - Expose children to simple songs and melodies that are developed around the minor third
   - Children will learn songs better if there are motions that go with the song.
   - Nursery Rhymes and folksongs are a great resource.
4. Teach the preschool child musical concepts by:
   - Using props and toys
   - Make music making fun through games and play-like activities.
   - Focus on opposites in music (high-low, loud-soft, fast-slow, etc.)
   - Music games

5. Great Props for preschool children are:
   - Toy microphones
   - Stuffed animals
   - Slinky
   - Scarves
   - Ribbon Streamers, Parachutes
   - Paper Plates, Paper Cups
   - Flashlights
   - Hula Hoops
   - Binoculars made from Toilet paper rolls
   - Beach Balls, yarn balls, playground balls

6. Let’s Do It!
Growing in Grace “Be Strong in the Lord” Fall 2016
Preschool Curriculum

Songs

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Activities

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“Nutcracker Scarves” from Be Strong in the Lord, Fall, Preschool; *Growing in Grace* Children’s Music Curriculum, Copyright 2016 Celebrating Grace, Inc. All rights reserved. Used by permission.
Resources


Additional Preschool Songs and Resources

“Hello EveryBody” - Traditional -no recording
“Shake My Sillies Out” - More Singable Songs-Raffi #13
“Listen and Move”- We All Live Together-Volume 2 #6
“Freeze”- We All Live Together –We All Live Together -Volume 2#10
“Rock N’ Roll Rhythm Band” - We All Live Together- Volume 5 #9
“Dance Medley” - We All Live Together- Volume 4 #11
“Willoughby Walloughby Woo” - Traditional -no recording
“I’ve Got Rhythm- Growing in Grace-Spring Year 2 Preschool -#6
“Wiggle and Hop”- Growing in Grace - Fall Year 1 Preschool-#11
“Jive Time”- Growing in Grace –Fall Year 2 Younger Children #15