On a Day Like This

On a day like this, on a day like this, on a day like this

On a day like this, O I need the Lord to help me!

- Cumulative movements: stomp, pat, clap, snap, tap shoulders, twirl fingers and say “who, whoo”

Fudge

- Children perform your movement
- You change movements
- Children don’t change to your movement until you say “fudge.”

Beats on the Outside

- Beats on the inside/rhythm on the outside/keep alive, concentrate/through your eyes, sparkalate
  Don’t be a deadbeat/keep a lively, bouncy beat/clap - - - /snap - - -/“shave and a haircut”

My Bonnie

- Alternate movement on words that begin with letter “b”
- For more of a challenge, perform while swaying to the dotted half-note pulse

Tongue Twister

- I want a proper cup of coffee in a proper copper coffee cup.
- A skunk sat on a stump. The stump thunk the skunk stunk. The skunk thunk the stump stunk.
  Which stunk? The skunk or the stump?
- To begin to toboggan, first buy a toboggan.
  But don’t buy too big a toboggan
  Too big a toboggan is too big a toboggan to buy to begin to toboggan.
- Red leather, yellow leather (sing up and down the scale)
**Disappearing Rhythms**
- Display four four-beat rhythm patterns
- Clap all four patterns
- Remove the first pattern, and clap all four patterns (the first from memory)
- Continue until all patterns have been removed and are being clapped from memory

**Living Rhythms**
- Children use body positions/chairs to represent rhythm patterns

**Living Melodies**
- Children use body scale to represent melodic patterns

**Sol-La-Mi**
- Children echo all solfege patterns except *sol-la-mi*

**Tennis Ball Rhythms**
- Children move to music with tennis balls

**Recreational learning songs**
- “One Man Went to Mow”
- “You Must Pay the Rent”
- “Let’s Articulate”

**Movement Activities**
- “At the Gym”
- ROYAL OAK (“All Things Bright and Beautiful”)

Listen to the steady beat during meas. 1-4

Perform each of the following movements four times to the half-note pulse:
- blink fingers [*All thing bright and beautiful]*
- bounce outstretched vertical palms from outside the body to in front of the body [*all creatures great and small]*
- fingertips tap head [*All things wise and wonderful]*
- pound fists [*the Lord God made them all]*
- place palms forward and wave, like flowers blowing in the breeze [*each little flower that opens]*
- place hands at corner of mouth, and open and close thumb and index finger [*each little bird that sings]*
- with palms facing upward, move palms from shoulders to waist level as fingers wiggle [*God made their glowing colors]*
- flap palms in front of body [*God made their tiny wings]*
- blink fingers [*All thing bright and beautiful]*
- bounce outstretched vertical palms from outside the body to in front of the body [*all creatures great and small]*
- fingertips tap head [*All things wise and wonderful]*
- pound fists [*the Lord God made them all]*
- touch right hand to chin, and move it forward to extended left hand, indicating that God made all things good.